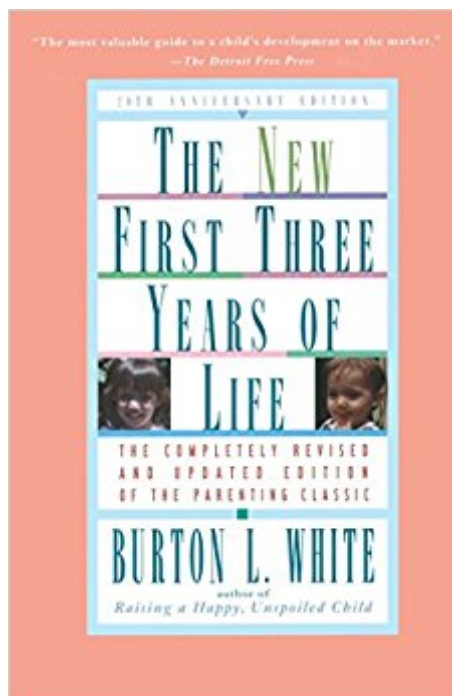


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# New First Three Years Of Life: Completely Revised And Updated



## Synopsis

The most important guide to the early childhood development of infants and toddlers ever written, from expert Burton L. White. First published in 1975, *The First Three Years of Life* became an instant classic. Based on Burton White's thirty-seven years of observation and research, this detailed guide to the month-by-month mental, physical, social, and emotional development of infants and toddlers has supported and guided hundreds of thousands of parents. Now completely revised and updated, it contains the most accurate information and advice available on raising and nurturing the very young child. White gives parents real-world-tested advice on:

- \* Creating a stimulating environment for your infant and toddler
- \* Using effective, age-appropriate discipline techniques
- \* How to handle sleep problems
- \* What toys you should (and should not) buy
- \* How to encourage healthy social development
- \* How and when to toilet-train

No parent who cares about a child's well-being can afford to be without this book.

## Book Information

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## Customer Reviews

The major aims of this book are to survey the child development field and to look at many of the major issues in the life of a youngster from birth through age three, but such will probably be overlooked by many who focus on the controversial points. First, White focuses on the overindulged child and actually promises that there will be "no more tantrums" if his suggestions are followed. Second, White has been besieged (after the publication of an interview in 1979) over his anti-substitute child care position. He clarifies the issue to an extent, but his viewpoint remains that

full-time substitute care is not in the "best interest of babies." Possibly White's best advice is that new parents should read all manuals very critically and take their advice "with a large grain of salt."

Denise Perry Donavin

The Detroit Free Press The most valuable guide to a child's development on the market.

This the most fantastically helpful book for new parents. It precisely guides one through the phases which your baby will pass. By reading the book before the birth, one develops a feel for how the baby develops and his needs for stimulation as each of his faculties begin to mature. The information is presented in a such a comprehensible fashion, that one does not realize he is actually learning methods of helping his child develop, and that the book is the most significant resource book he will have for the first three years of the baby's life. Nowhere, is baby development so precisely taught in the public schools, This book is a course in itself. By reading each phase before your baby the enters it, one is prepared for and recognizes all the complex and interesting activities, moods and actions which the child will exhibit. This is an amazing asset for any parent, especially a first time parent. It is the best guide book for helping both the developing child and the parents.

Congratulations Dr. Burton L. White and your team. I read the first edition, my son's and their wives are reading this new revised edition. Elaine Boldrick Vallianou August 1st, 2015

I'm the mother of a 2 year old boy, and can honestly say that my experiences raising my son have been significantly altered by reading this book. Most books about parenting a young child are written by pediatricians. The information is largely anecdotal, opinionated, dated and sometimes reflects more about the writers' politics than the actual process of childrearing. I find the Dr. Sears series to be a tiresome example of parenting politics interfering with the rare opportunity to impart real information to exhausted parents. In Burton White's The First Three Years, there's an emphasis placed on the scientific observation of a growing child through the baby/toddler years. He draws his evidence not from the 1001 children he raised or treated (like the Sears series) but from the 1001 children he observed in a clinical setting. A pediatrician "observes" children in 20 minute intake visits; these occur maybe 2x per year after age 1. When White talks about "observing" children, he's talking from the viewpoint of a developmental psychologist. Child behavior is not an incidental thing to observe -- it is what he studies. I will continue to give this book to every new parent I know. It brought clarity to a completely bewildering time, and I have a better son for it.

This book is a must for people who just start raising kids or who have experience raising kids. The book helps both kinds of people because if you read it once, you won't remember the content. So I read it even though I'm a grandma. It helps me to review and understand my grandchildren and how to help them grow.

I am familiar with Dr. White's research (Harvard) about how to raise a gifted child. This book is a guide (broken down into age groups) to discuss the various stages of the first three years of life. You look inside the child's mind (e.g., emotionally, mentally, cognitively, etc.) to see the growing stages. This was recommended by my peds Dr. It was written long ago but it spot on about child development - best book I've ever read. Each section talks about the "best toys" for growth. It covers research and gives valuable insight on how to see if your child has special needs (e.g., hearing loss, etc.). I've purchased this multiple times for friends who are having children - everyone loves it. Highly Recommended! .

I have been buying this book for "first time parents" for over thirty years. Someone gave it to me when my first daughter was born and I loved it. This revised version is invaluable to the nervous first-timers who don't know what to expect from their precious little bundle of joy. I am thanked all the time for this simple but perfect little gift.

Love, love, love this book. It is my standard baby gift. Helps new parents understand different stages of life and what they can do to stimulate them emotionally and intellectually. The chapters are short so great for new parents who have very little time. You can't go wrong with this book. Excellent!!!!

This is a fabulous book. Dr. White gives sound, common sense, advice for how to raise children. The book is organized very well. The first 36 months of a child's life are broken down into seven developmental phases. In each phase, Dr. White includes: General Remarks about the phase, General Behaviors to watch for, Interests at each phase, Educational Development, Motor and Sensorimotor skills, Recommended child-rearing practices, Recommended toys/materials. The book has been an invaluable resource in raising my children. I'd also recommend "Raising a Happy, Unspoiled Child." Some of the content is similar to "The First Three Years of Life," but Dr. White also writes about social skills/styles and how to handle issues that arise when there are problems.

I found this book at a garage sale and read it while our two girls were at this age. Very good, sound advise. You know what is going on with them and how to best interact. The chapters are set up by stages not by months which is good because not all kids move at the same pace. I bought these for when my girls have kids. But you do have to read it and not just have it on the shelf, to receive any benefits!

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